

## WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>GLOBAL ADVENTURE</b>	<p><b>CARIBBEAN</b> Mild Caribbean chicken, coconut and pineapple curry</p> <p>Wholegrain Rice*</p> <p>Garlic and Lime Corn on the Cob</p>	<p><b>CHINESE</b> Aromatic Soy Pork with Egg Noodles</p> <p>Wok Tossed Oriental Vegetables</p>	<p><b>BRITISH</b> <b>Roast Turkey</b></p> <p>Roast Potatoes</p> <p><b>Roast Gravy</b></p> <p><b>Carrots</b></p> <p><b>Peas</b></p>	<p>Indian Beef Keema Bati Curry</p> <p>Cucumber Raita</p> <p>Braised Rice</p> <p>Nan Bread</p>	<p><b>BRITISH</b> Home-made Battered Fish Fillet</p> <p>Chips (oil)</p> <p>Peas</p>
<b>HIGH STREET FAVES</b>	<p><b>DEEP SOUTH DINER</b> New Yorker Quorn Dog</p>	<p><b>WINGS &amp; THINGS</b> Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco</p>	<p><b>DEEP SOUTH DINER</b> Ultimate Beef Burger</p>	<p><b>WINGS &amp; THINGS</b> Chicken Thigh Flatbread Wrap with Lemon &amp; Herb or Piri Piri</p>	<p><b>DEEP SOUTH DINER</b> Cajun Pulled Pork &amp; Bean Pitta</p>
	Halloumi & Roasted Vegetable Wrap	Veggie Quarter Pounder (v)	Lentil, Pepper & Sweetcorn Sloppy Jo	Quorn & Mushroom Burger (v)	Veg & Bean Quesadilla (v)
	Sweet herby crushed new potatoe	Cajun Wedges (no o	Paprika Wedges (no oil)	Red Onion and cheese loaded skins (no oil)	Chips (oil)
	Chop Chop Salad	Bbq Slaw	Beetroot, Carrot & Apple Salad	Caesar Salad	Pineapple Coleslaw
<b>SPEEDY ITALIAN</b>	Yogurt & Granola	Peach Crumble Custard Sauce	Apple & Cinnamon Strudel Custard Sauce	Bread & Butter Pudding Custard Sauce	Chocolate Sponge Chocolate Sauce
	Veg Bolognese Pasta (v)	Arrabiata Pasta (v)	Chicken And Tomato Pasta Bake	<b>Chunky Vegetable Pasta</b>	Herby Tomato Pasta (v) 93147954
	Margherita Pizza (v) 93041388				